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# Dunstablians Rugby Union Football Club

## Members' Welcome Pack



*Our future development and success relies upon enthusiasm, teamwork and commitment from all of our members*



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## Welcome

Whether you are a new member or an existing member renewing your membership, may we take this opportunity to thank you for supporting Dunstablians RUFC.

If you are a new member, we welcome you to the club and sincerely hope you enjoy being a member of what we consider to be the best club in the area. On your first visit to the club, please make yourself known at the bar and the staff will arrange for someone to show you around and introduce you to fellow members.

If you are an existing club member renewing your membership, welcome back for another season.

As a club member you will receive a Members' Till Card, which can be 'topped up' at the bar using cash, debit card or credit card and then used to pay for bar and shop purchases at significantly discounted rates. Other benefits of being a member include:

- Free entry and programme for all 1<sup>st</sup> XV matches at Bidwell Park
- Free or discounted hire of the members' lounge
- 10% discount on a new kitchen from our main club sponsor Kitchens 2GO and 5% discount on appliances
- Invitation to all club social events
- Regular club news updates via e-mail

## Dunstablians RUFC – a Brief History

Founded in 1948 by a group of Old Boys from Dunstable Grammar School (now Ashton Middle School), the club was originally called "Old Dunstablians" Rugby Club. Three of the original founders: Jim Hamilton, George Sandifer and Trevor Turvey still support the club as Honorary Life Members. The club was first located in Bull Pond Lane, Dunstable but moved to its present location at Bidwell Park in 1986 and soon after was renamed Dunstablians Rugby Club to reflect that membership is open to all.

We are very proud of our reputation for being a friendly, welcoming, sociable, family club and we strive to uphold rugby's core values: Teamwork, Respect, Enjoyment, Discipline and Sportsmanship. We have developed an excellent management and coaching team throughout the club encouraging all players from six to sixty to enjoy what has become the world's fastest growing team sport.



In 2008 we were awarded the RFU Seal of Approval for Mini and Youth Rugby and our aim for 2010-2011 is to gain the RFU Whole Club Seal of Approval.

## Senior and Academy Rugby

The club runs four senior sides and an under 18 Academy. Matches are played every Saturday afternoon during the season, which runs from early September to the end of April and training takes place on Tuesday and Thursday evenings.

A list of all senior and Academy fixtures for the 2010-2011 season is enclosed but, as fixtures are sometimes changed, it is advisable to visit the club web-site at [www.drufc.com](http://www.drufc.com) to view the most up to date fixtures, match results, reports and 'photos'.

The strength of our senior sides has ebbed and flowed over the years but the most successful period for our 1<sup>st</sup> XV was around the turn of the new millennium. The team gained promotion through the leagues, eventually reaching Midlands 1 (now National League 3 - Midlands), maintaining their position at this level for several seasons. The team's main success was achieved in April 2000 when it won the NPI Cup Final at Twickenham. Again, in 2007, we were runners up at Twickenham in the EDF Cup. Unfortunately, with many of the older, more experienced players retiring from rugby, the club was relegated at the end of the 2007-2008 season to Midlands 1 East. Having invested heavily in our Mini and Youth development, the club is going through a period of consolidation, building on our 'home-grown' talent with the majority of players in the current squad having come up through our Mini, Youth and Academy sections. Our aim is to attract new players at all levels but also to continue to invest strongly in Mini, Youth and Academy development thus maintaining a succession of players for years to come.



## Mini and Youth Rugby

As stated above, the club is extremely committed to its Mini and Youth development and, therefore, has thriving Mini and Youth sections. All age-groups from Under 7's to Under 16's are catered for and looked after by qualified coaches. Matches and training for the Mini age-groups, U7's to U12's, take place from 10am until noon on Sunday mornings and, for the Youth age-groups on Sunday afternoons with additional training sessions held on weekday evenings.

We uphold a strict Code of Conduct for players, parents, carers and coaches and follow the RFU Child Protection Policy to ensure that children play and train in a safe and supportive environment. These documents and all other DRUFC Policies and Procedures may be viewed from The Club/Policies & Procedures page on the web-site.

Whilst our main aim is for everyone to enjoy their rugby at Dunstablians, we are proud to have coached and developed a number of talented players who have gone on to play for the county, East Midlands and at national level.

## Responsibilities as a Club Member

Club membership comes with many benefits but members also have responsibilities to ensure the continued success of Dunstablians as an enjoyable rugby playing and social unit. The club is managed by a Committee of volunteers and needs its members to volunteer as well to fulfil essential tasks and maintain the high quality services we aim to provide. Tasks include Saturday and Sunday match-day duties, grounds and buildings maintenance, fund-raising and supporting club events. We expect every member (Players, VPs, Family and Social) to give up a little of their spare time so that the duties required during the course of the season are shared by many.

In addition, each playing side - Senior, Mini and Youth - is expected to put on fund-raising events to raise much needed funds towards our Capital Improvement Programme and running costs. A summary of the planned improvements within the programme is enclosed below and suggested fund-raising targets will be discussed with individual teams early in the new season.

## Keep our Clubhouse and Grounds Tidy, Save energy - Cut Costs

Please help us keep our clubhouse and grounds presentable for our members and guests by using the litter bins and cigarette receptacles provided and pick up litter dropped by others. Let us all try to save energy and cut costs by switching off unnecessary lights, not leaving taps running, etc. Please have pride in your club and treat it with the respect with which you treat your own homes.

## Dunstablians DRUFC 300 Club – Please Join

A simple, fun way to support the club is to join the "300 Club".

A minimum stake of £5 per month will buy you a number, which will be entered into each monthly draw for which payment is received. Simply fill in the standing order form below; the money will be extracted painlessly from your bank account, allowing you the opportunity to win every month.

Prizes are allocated from 50% of the income generated each month as follows:

**1st Prize - 25%; 2nd Prize - 15%; 3rd Prize - 10%**

Maximum membership of **300** would yield monthly prizes of

**1st Prize - £375; 2nd Prize - £225; 3rd Prize - £150**

Prizes will be drawn on the final Saturday of every month and will be overseen by a member of the Management Committee. Winners and prizes will be displayed in the Clubhouse and on the website. A full set of rules is available on the website and you will be sent a copy when you join.

**Please support the '300' Club and invite your friends and family to join too.**



300 CLUB Bank Mandate

To join the 300 Club, please complete the Standing Order instruction form below and return it to:

Dunstablians RUFC  
Bidwell Park  
Bedford Road  
Houghton Regis  
Dunstable  
LU5 6JW

**Standing Order Instructions to your Bank**

<b>Bank:</b>			
<b>Address:</b>			
<b>Sort Code:</b>			
<b>Account Number:</b>			
<b>Account Name</b>			
<b>The Sum of:</b>			
<b>On the</b>		<b>day of each month</b>	<b>Commencing on:</b>
<b>Reference:</b>			
DRUFC 300 Club Number (to be entered by lotteries DRUFC secretary)			
<b>Please credit the above amount to the following Account:</b>			
<b>Dunstablians RUFC</b>			
<b>HSBC</b>			
<b>Sort Code: 40 – 26 – 32</b>		<b>Account No: 11060856</b>	
<b>Member Contact Details and Standing Order authorisation:</b>			
<b>Name:</b>			
<b>Address:</b>			
<b>Post Code:</b>			
<b>Email:</b>			
<b>Signature:</b>			
<b>Date:</b>			





## Club and Bar Opening Times

The club and bar opening times are:

Sunday	- 9:30am to 6pm
Monday to Friday	- 6:30pm to 10:30pm
Saturday	- 11:30am to 11pm

## Shop Opening Times

The club shop opening times are:

Sunday	- 9:30am to 13:00pm
Monday to Friday	- 6:30pm to 10:30pm
Saturday	- 11:30am to 5pm

## Social Events

Below is a list of social events planned for the coming season. Please make a note of the dates and support the club by attending as many functions as you can. If you have any suggestions for other social occasions, which you think will be popular, please contact Sally Goddard, our Social Secretary. Keep an eye on our web-site: [www.drufc.com](http://www.drufc.com) and in the clubhouse for details of events and dates.

## Social Events 2010 - 2011

<b>Friday, 10<sup>th</sup> September 2010</b>	U15 Floodlit match v Leighton Buzzard - K.O. 7pm
<b>Saturday, 2<sup>nd</sup> October 2010</b>	Tony Condon Memorial Cup v Leighton Buzzard and pre-match lunch
<b>Saturday, 23<sup>rd</sup> October 2010</b>	Race Night (7:30pm)
<b>Sunday, 24<sup>th</sup> October 2010</b>	DRUFC Challenge Day 3 – Cycle/Run/Walk to raise funds for our Capital Improvement Fund
<b>Saturday, 30<sup>th</sup> October 2010</b>	Vice Presidents’ Lunch 1 <sup>st</sup> v Newark
<b>Saturday, 4<sup>th</sup> December 2010</b>	Pre-match Lunch 1 <sup>st</sup> XV v Spalding (Mini Rugby Section parents and guests)
<b>Saturday, 18<sup>th</sup> December 2010</b>	Christmas Dinner & Party
<b>Saturday, 31<sup>st</sup> December 2010</b>	New Year’s Eve Party – tba
<b>Sunday, 2<sup>nd</sup> January 2011</b>	<b>Presidents’ XV v Chairman’s XV – K.O. 11:30am</b>
<b>Saturday, 22<sup>nd</sup> January 2011</b>	Pre-match Lunch 1 <sup>st</sup> XV v Mansfield (Youth Rugby Section parents and guests)
<b>February 2011</b>	Hypnotist Evening tba
<b>Saturday, 5<sup>th</sup> March 2011</b>	Sponsors’ Pre-Match Lunch 1 <sup>st</sup> XV v Coalville
<b>Sat/Sun, 9<sup>th</sup> &amp; 10<sup>th</sup> April 2011</b>	U16 Tournament – further details to follow
<b>Saturday, 16<sup>th</sup> April 2011</b>	Dunstable Grammar School Old Boys’ Lunch 1 <sup>st</sup> v Syston End of Season Party
<b>Saturday, 23<sup>rd</sup> April 2011</b>	St George’s Day – Sporting Dinner
<b>June 2011</b>	Summer Ball (DRUFC at Bidwell Park Silver Jubilee Celebration Gala) - tba

## Pre-Match Lunches

Apart from the specific pre-1stXV match lunches listed above, a more informal pre-match buffet will be available (Price £3) from 1pm at each 1<sup>st</sup> XV Saturday home game, to which all members are invited.

## Information and Communication

We try to ensure that all club members are kept up to date with all that is happening at Dunstablians. Please help us to help you keep informed by giving us your correct email address, checking your email regularly and visiting our web-site: [www.drufc.com](http://www.drufc.com) for the latest news, fixtures, results, forthcoming events, photograph gallery and much more. If you are not receiving regular news updates from [news@drufc.com](mailto:news@drufc.com), please email your name to [news@drufc.com](mailto:news@drufc.com).

The members of the Management Committee may also be contacted if you have any queries or problems that you would like addressed.



## Club Contacts

Clubhouse and Grounds Bidwell Park, Bedford Road, t: 01582 866555  
Houghton Regis Dunstable,  
LU5 6JW



**President**  
Brian Bell  
t: 01442 842262  
e: [jbell839@btinternet.com](mailto:jbell839@btinternet.com)

All club contacts, including age-group managers and coaches, may be viewed from the “Club Officers” page accessed from the web-site Home page: [www.drufc.com](http://www.drufc.com)

## Dunstablians RUFC Management Committee



**Chairman**  
Graham White  
t: 01525 280345  
m: 07941227197  
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**Secretary**  
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**Treasurer**  
Joan Condon  
t: 01582 608621  
e: [joan\\_derek@btinternet.com](mailto:joan_derek@btinternet.com)



**Fixture Secretary**  
Peter Cain  
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m: 07970 786521  
e: [peter23cain@btinternet.com](mailto:peter23cain@btinternet.com)



**Grounds Executive**  
Paul Chant  
t: 01582 867116  
m: 07988137953  
e: [chant.family@tiscali.co.uk](mailto:chant.family@tiscali.co.uk)



**Clubhouse Executive**  
Ian Conway  
m: 07778218041  
e: [iancdl@aol.com](mailto:iancdl@aol.com)



**Club Captain**  
Damian Daize  
m: 07831403377  
e: [damiandaize@aol.com](mailto:damiandaize@aol.com)



**General Member**  
Simon George  
t: 01582 703316  
e: [simon.george@yardi.com](mailto:simon.george@yardi.com)



**Bar Steward and Social Secretary**  
Sally Goddard  
t: 01582 866555  
m: 07773349998  
e: [social@drufc.com](mailto:social@drufc.com)



**Marketing Coordinator**  
Chrissie Graham  
m: 07985027555  
e: [chrissiegraham@hotmail.co.uk](mailto:chrissiegraham@hotmail.co.uk)



**Mini/Youth Chairman**  
Vic Hardwicke  
t: 01582 866993  
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**General Member**  
Simon Howard  
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**Child Protection Officer**  
Sharron Mead  
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e: [sharron.mead@luton.ac.uk](mailto:sharron.mead@luton.ac.uk)



**Academy Manager**  
Keith Wilkins  
m: 07989466679  
e: [krwdunstablians@aol.com](mailto:krwdunstablians@aol.com)



## Other Club Contacts



**Past President**  
Steve Carline  
t: 01525 370922  
e: [steve@carline.org](mailto:steve@carline.org)



**Membership Secretary/  
President Elect**  
Grahame Bennett  
t: 01908 582829  
e: [grahameb@woburn23.fsnet.co.uk](mailto:grahameb@woburn23.fsnet.co.uk)



**Head Coach**  
Mark Jabri  
t: 01525 756955  
m: 07590750375  
e: [seniorrugby@drufc.com](mailto:seniorrugby@drufc.com)



**Coaching Coordinator**  
Ian Marshall  
m: 07894346418



**1<sup>st</sup> XV Captain**  
Stuart Hall  
e: [stuart.hall01@gmail.com](mailto:stuart.hall01@gmail.com)



**1<sup>st</sup> XV Vice Captain**  
Scott Oliver  
e: [scottdavetrig@hotmail.co.uk](mailto:scottdavetrig@hotmail.co.uk)



**Mini/Youth Secretary**  
Georgia Hardwicke  
t: 01582 866993  
e: [youthrugby@drufc.com](mailto:youthrugby@drufc.com)

All club contacts, including age-group managers and coaches, may be viewed from the “Club Officers” page accessed from the web-site Home page: [www.drufc.com](http://www.drufc.com)

## Volunteers Needed

As stated in the “Responsibilities as a Club Member” section above, the club is managed by a Committee of volunteers and needs its members to volunteer as well to fulfil essential tasks and maintain the high quality services we aim to provide. There is an urgent need to fill the following volunteer positions:

Role	Main Duties
<b>Volunteer Coordinator</b>	Coordinating/management role, including: <ol style="list-style-type: none"> <li>Providing a rota for duty team/age-group volunteers on Saturdays and Sundays.</li> <li>Finding volunteers/identifying materials and tools required for specific “working parties”</li> </ol>
<b>Club Shop Manager</b>	Coordinating/management role, shop sales and purchasing including: <ol style="list-style-type: none"> <li>Organising a rota of volunteers to serve during the required Club Shop opening hours.</li> <li>Ordering stock from Suppliers pre-paid, proforma invoices</li> <li>Keeping accurate records of sales, cash, purchase and stock</li> </ol>
<b>1st XV Team Manager</b>	Administration Role, working closely with the Head Coach and Club Captain, including: <ol style="list-style-type: none"> <li>Registering/de-registering players on the RFU “Rugby First” database.</li> <li>Maintaining player contact details.</li> <li>Communicating regularly with players regarding training and match meeting times, travel arrangements, etc.</li> </ol>

Volunteers receive a full job description, proper training and have the full appreciation, backing and support from the Management Committee.

If you wish to apply for any of the above roles, please contact Graham White: [gwhite@drufc.com](mailto:gwhite@drufc.com)



## Facilities Improvement Programme 2010 – 2011

Dunstablians is very fortunate to have been chosen by the RFU to receive a large sum of money as part of the RFU's Capital Facilities Investment Programme (Year 2). The overall aim of the RFU investment programme is to invest in clubs that are willing to provide better quality facilities that are well managed and strategically located, which will attract more people to play and support the game.

In line with our Three Year Development Plan, Dunstablians has planned a whole package of improvements to our playing and clubhouse facilities, which are intended to make the club much more sustainable and attractive to current and new members alike.

The total cost of improvements, to be implemented by 31 March 2011, is estimated to be approximately £120,000 of which at least 50% is to be funded by the RFU, with the remainder being funded from other grants and from our own fund raising initiatives. Details of how you can help to raise funds by performing one of the DRUFC challenges can be found on the web-site: <http://www.drufc.com/forthcomingsocials.htm#Challenge>

The planned improvements have been designed specifically to be eligible for RFU funding and also to comply with the high standards set by the RFU for clubhouse, changing room and floodlighting facilities.

A brief summary of improvements planned for Dunstablians is listed below:

**Floodlights** - 1<sup>st</sup> XV pitch to be brought up to RFU standards required for floodlit rugby matches. Training pitch to be fully floodlit and additional training areas beyond the brook to be floodlit also, allowing a greater number of people to train and play matches.

**New hot water cylinder** – Existing Referees' room to become the 'Plant Room' and the worn-out, leaking hot water cylinder to be replaced with a modern, energy efficient unit, which will provide much better, more powerful shower facilities.

**Officials Changing Room** – Male and female en-suite changing facility to be installed in the existing Physio's Room, thereby accommodating male and female match officials and meeting RFU requirements.

**Disabled Persons' WC and Lockable Cupboard for Cleaning materials** – To comply with disabled persons' legislation and RFU Health & Safety regulations, existing kitchen to be converted into disabled toilet and lockable cleaning materials cupboard.

**New Kitchen** – Existing shop to be converted into a new, bigger kitchen allowing catering facilities for a larger number of people with a serving hatch to outside as well as inside.

**New Extension to provide Physio/First Aid Room, Shop and Porch** – The new porch facility is designed to house the new Physio/First Aid Room and Shop. Currently, we spend nearly £12,000 per annum on heating and lighting. With better insulation provided by the porch and other measures we intend to cut costs by at least 50%.

**New Utility Room** – Better location for washing machine, dryer, freezers and provision of additional work surfaces for cold food preparation.

**Existing Store** – will become an additional changing room.

**New 'Draught' Lobby** – Additional set of double doors at the main entrance will form a 'draught' lobby to improve heat retention in the building and reduce heating costs.

Although not eligible under the RFU Capital Facilities Improvement scheme, it is intended also to refurbish the Ladies and Gents Toilets and to provide a 'Smokers' shelter away from the main clubhouse entrance, which will allow the clubhouse entrance to become a strictly 'No Smoking' area.

It is our intention also to have Solar PV (Photovoltaic) panels installed on the clubhouse roof, by a company called "Homesun", which will generate electricity from daylight. The installation is free and it is estimated that the power generated from the Solar PV panels will reduce our electricity bill by approximately 30% per annum. Details of the scheme, which is available for domestic properties as well, can be found on the Homesun website: [www.homesun.com](http://www.homesun.com). For every member who installs Solar PV panels from Homesun at home, the club will receive £50.



Senior, Academy and International Fixtures 2010 - 2011

Date	1st Team	Cmp	H/A	2nd Team	Cmp	H/A	3rd Team	Cmp	H/A	4th Team	Cmp	H/A	Academy	Cmp	H/A	Int
14/08/2010	Harpenden	Fr	H		Fr	A										
21/08/2010	Isle of Wight	Fr	A	Isle of Wight	Fr	A										
28/08/2010	Coalville	Fr	H		Fr	H										
04/09/2010	Syston	L	A	Old Northamptonians	L	H	Amphill	L	H	Amphill	L	H	Cambridge	L	A	
11/09/2010	Dorby	L	H	Harpenden 2	Fr	A	BBOB 2	L	H	Kempston	L	A				
18/09/2010	Wellingborough	L	A	Wellingborough	L	A	Stockwood Park 2nds	Fr	A	Vauxhall 2	L	A	Old Northants R1	NCC	A	
25/09/2010	Ilkeston (Cup 1)	L	A	Peterborough	L	A	Olney 2	L	H	Biggleswade 3	L	A	Amphill	L	A	
02/10/2010	Leighton Buzzard	L	H	Leighton Buzzard	L	A	Olney 2	L	A	Daventry 3	Fr	A	Rusden & Higham	Fr	A	
09/10/2010	Mansfield	L	A	Tring	Fr	H	Towcestersians 2	L	A	Daventry 3	Fr	A	Thorney	L	H	
16/10/2010	Bedford Athletic (Cup 2)	L	H	Bedford Athletic	L	A	Huntingdon	L	H	Bedford Queens 2	L	H	Hinckley (TBC) R2	NCC	A	
23/10/2010	Mattock	L	A		Fr	A	Luton 3	Fr	A	Milton Keynes 3	L	H	Old Northants	Fr	H	
30/10/2010	Newark	L	H	Scouts	L	H	Tring	Fr	A	Cranfield	L	A	Oundle	L	A	
06/11/2010	Peterborough	EMC	H	Luton	L	H	Daventry 2 #	Fr	A	Towcester 3rds	Fr	A				E v NZ
13/11/2010	Coalville	L	A	Amphill	L	A	Milton Keynes 2	L	A	Kettering	Fr	H	Olney	L	H	E v Aus
20/11/2010	Paviors	L	H		L	H	Peterborough	L	A	Peterborough Lions	L	A	TBC (R3)	NCC	TBC	E v Sam
27/11/2010	Kettering (Cup W/E 4)	L	A	Kettering	L	A	Kettering	L	A				Free			E v SA
04/12/2010	Spalding	L	H	Old Northamptonians	L	A	Spalding 2	L	H	Leighton Buzzard	Fr	H	TBC (R3a)	NCP	TBC	
11/12/2010	Derby	L	A	Amphill	Fr	H	Harpenden 3	Fr	A	Rusden & Higham 2nds	Fr	A	TBC (R3b)	NCP	TBC	
18/12/2010	Wellingborough	L	H	Wellingborough	L	A	Harpenden 3	Fr	A	Vauxhall 2	L	A	Leighton Buzzard	L	H	
25/12/2010	Free			Free			Free			Free			Free			
01/01/2011	Free			Free			Free			Free			Free			
08/01/2011	Ilkeston	L	H	Peterborough	L	H	Peterborough	L	A	Inorney 2	L	A	IBC (R3c)	NCP	IBC	
15/01/2011	Leighton Buzzard	L	A	Leighton Buzzard	L	H				Daventry 3	Fr	H	Peterborough	L	A	
22/01/2011	Mansfield	L	H	Aylebury 2	Fr	A	Towcestersians 2	L	H				TBC (R4)	NCP/P	A	
29/01/2011	Bedford Athletic	L	A	Bedford Athletic	L	H				Towcester 3rds	Fr	H	Stockwood Park	L	H	
05/02/2011	Mattock	L	H	Stevenage	Fr	H	Milton Keynes 2	L	H	Peterborough Lions	L	H	Bye (R1)	BCC		W v E
12/02/2011	Cup 5	L	A	Harpenden 2	Fr	H	Stockwood Park 2nds	Fr	H	Kettering	L	A	Kettering	L	A	E v Ita
19/02/2011	Newark	L	A	Harpenden 2	Fr	H	Olney 2	L	A	Biggleswade 3	L	H	Referees Cup (R1)	EMC	TBC	
26/02/2011	Coalville	L	H	Brackley 1	Fr	H	Huntingdon	L	A	Bedford Swiffs 2nds	Fr	H	Stewarts & Loyds	L	H	E v F
05/03/2011	Paviors	L	H	Scouts	L	A	Old Northamptonians	Fr	H	Cranfield	L	A	Referees Cup (R2)	EMC	TBC	
12/03/2011	Paviors	L	A		Fr	H	Daventry 2 #	Fr	H				Leaguc (SF)	EMC	TBC	E v S
19/03/2011				Luton	L	A	BBOB 2	L	A	Kempston	L	H				Ire v E
20/03/2011													Luton (SF)	BCC	A	
26/03/2011	Kettering	L	H	Kettering	L	A	Kettering	L	H	Referees Cup (SF)	Fr	A	Referees Cup (SF)	EMC	TBC	
02/04/2011	QF			Tring	Fr	A	Luton 3	Fr	H	Leighton Buzzard	L	A	Stockwood Park	Fr	A	
09/04/2011	Spalding	L	A		L	H	Spalding 2	L	A	Bedford Queens 2	L	A	Old Northants	Fr	A	
16/04/2011	Syston	L	H	Amphill	L	H	Amphill	L	A	Amphill	L	A	IBC (F)	BCC	IBC	
23/04/2011	Easter			Easter			Easter			Rusden & Higham 2nds	Fr	H	Final (2/5/2011)	NCC/P	A	
30/04/2011	SF			Aylebury 2	Fr	H				Thorney 2	L	H	EM 7's (8/5/2011)	EMC	A	

Please note: fixtures may change - check the club's web-site [www.druftc.com](http://www.druftc.com) for latest details

Home game



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# DUNSTABLIANS RUGBY UNION FOOTBALL CLUB

## MINI/YOUTH RUGBY SECTION

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### Welcome from the Mini/Youth Chairman

I would like to welcome all players and their families to the very successful Mini and Youth section of our club. We currently run 10 teams from under 7 through to under 16, after which players make the step up into the Academy and then on to the senior playing sides.

Our Mini Rugby Section (Under 7s to Under 12s) have training on Sundays between 10am and 11:30am and the Youth Rugby Section train, also on Sundays, from midday to 1:30pm. All other details for our Section can be found on our new notice board located in the foyer of the club or on the club web-site, [www.drufc.com](http://www.drufc.com), where you will also find a host of club policies regarding the welfare of the children. Here at Dunstablians, we pride ourselves on being a tight-knit family club and invite you all to join us on Facebook for some social chatter.

Here's to a great season

Vic Hardwicke

Mini/Youth Chairman

### Mini/Youth Coaches and Managers

All coaches have the relevant RFU Coaching qualifications and we insist that all managers and coaches hold current CRB certificates. Contact details for those listed below can be found on the Club web-site:

[www.drufc.com](http://www.drufc.com)

<b>Age-Group</b>	<b>Coach</b>	<b>Manager</b>
U7	Ian Byford	Hayley Swords (temporary)
U8	Anthony "H" Herman	Chrissie Graham/ Karen Ritchie
U9	Nic Bonney	Vicky Merino
U10	Dave Coker	Hayley Swords
U11	Vic Hardwicke	Georgia Hardwicke
U12	Mark Rouse	Sarah Bunting
U13	Jamie Taylor	Faye Taylor/Dawn Brazier
U14	Martin Morris	Helen Wheeler
U15	Alex "Bernie" Burnett	Lynn Tuffen
U16	Ian Marshall	Julie Cobb



## Dunstablians RUFC Child Protection Policy

We believe that taking part in our sport should be a positive and enjoyable part of children's lives. We want to make sure that children are protected and kept safe from physical, sexual and emotional harm while they are with the coaches, helpers and other volunteers.

As part of our vetting procedure, each individual must state clearly that they will do everything in their power to uphold these aims.

Coaches should hold current RFU coaching awards and will have a Criminal Record Bureau (CRB) certificate.

Coaching positions will be open to both sexes.

The Club will encourage and help all Volunteers to stay up to date with rugby, coaching and child protection issues.

All volunteers will be given a copy of the Club's Code of Conduct and be expected to keep to it at all times.

We will keep records of attendance, parental consent and accidents in line with the Club's Health and Safety Policy which is displayed in the Clubhouse.

We will display in the Clubhouse the procedure for dealing with accusations or suspicions of child abuse.

As a club, we will promote 'fair play' and always play within the spirit of the laws and the letter of the continuum.

**Sharron Mead** is the DRUFC Club Safeguarding Officer and as such has the role of dealing with any concerns. She can be contacted on 07957221656 or by email: [sharron.mead@beds.ac.uk](mailto:sharron.mead@beds.ac.uk).

## Code of Conduct for Mini/Youth Players

### Players are encouraged to:

- Recognise and appreciate the efforts made by coaches, parents, match officials and administrators in providing the opportunity for you to play the game and enjoy the rugby environment.
- Understand the values of loyalty and commitment to adults and team mates.
- Recognise that every young player has a right to expect their involvement in rugby to be safe and free from all types of abuse.
- Understand that if an individual or group of young players feel they are not being treated in a manner that is acceptable, then you have the right to tell an adult the rugby club or outside the game.

### Players should:

- Play because you want to do so, not to please coaches or parents.
- Remember that skill development, fun and enjoyment are the most important parts of the game.
- Be attentive at all training and coaching sessions.
- Work equally hard for yourself and your team – both will then benefit.
- Recognise good play by all players on your team and by your opponents.
- Be a good sportsman – win or lose.
- Play to the Laws of the Game and accept, without question, all referees' decisions.
- Control your emotions. Verbal or physical abuse of team mates, opponents or match officials is not acceptable.
- Treat all players as you would like to be treated. Do not interfere with, bully or take advantage of any player.



## Code of Conduct Parents and Spectators

Whether at our own club in Bidwell Park or when representing Dunstablians at away fixtures, we ask all Parents and Spectators to abide by the following DOs and DO NOTs

### DO . . .

- Show respect for officials and other players
- Encourage in your support
- Be courteous to all
- Applaud good play
- Verbally support in a proactive manner
- Remember victory is not everything
- Children are playing for their own enjoyment
- Enjoy the day and transmit that enthusiasm to the players

### DO NOT . . .

- Force your child to play
- Stray on to the pitch at any time
- Verbally abuse match officials – remember they are volunteers
- Verbally abuse players or other spectators
- Use bad language
- Threaten or intimidate
- Become involved in physical aggression
- Do anything, which is likely to offend by way of insult, humiliation or discrimination

## Dunstablians RUFC Anti-Bullying Policy

It is a requirement of the RFU that all Clubs have in place an anti-bullying policy to which all players, coaches and parents subscribe. Dunstablians Rugby Club will adopt that following Policy.

All allegations of a breach of the Club's Anti-Bullying Policy will be investigated by the Club. If any Club member does not comply with the Club's Anti-Bullying Policy, sanctions will be applied to that individual by the Club or by an officer or coach of the Club. The ultimate sanction will be withdrawal or refusal of Club membership.

All youth rugby coaches and other youth rugby volunteers involved at the Club are required to familiarize themselves with the Club's Anti-Bullying Policy, support it and abide by it.

The Club's Anti-Bullying Policy will be posted on the Club's website. The Policy may be amended from time to time by the Club.

### Anti-bullying policy

It is the policy of the Club to protect children and young people under the age of 18 playing Mini and Youth rugby from possible bullying. The Club takes the problem of bullying seriously.

Bullying is not always easy to define, can take many forms and is usually repeated over a period of time. Bullying is not limited to an adult bullying a young person; it is often the case that the bully is a young person.



**There are three main types of bullying:**

- Physical (eg hitting, kicking, theft)
- Verbal (eg racist or homophobic remarks, threats, name calling)
- Emotional (eg persistent negative feedback, isolating an individual from activities).

All of these will include:

- Deliberate hostility and aggression towards a victim
- A victim who is weaker and less powerful than the bully or bullies
- An outcome which is always painful and distressing to the victim.

**Bullying behavior may also include:**

- Other forms of violence
- Sarcasm, spreading rumors, persistent teasing or theft
- Tormenting, ridiculing, humiliation
- Racial taunts, graffiti, gestures
- Unwanted physical contact or abusive or offensive comments of a sexual nature.

**The competitive nature of rugby union makes it a potential environment for the bully. This may manifest itself in some of the following ways:**

- A parent who pushes too hard
- A coach who adopts a “win at all costs” philosophy
- A player who intimidates others
- An official who is over officious.

**In the first instance, incidents of bullying should be reported to the Club via its Child Protection/Welfare Officer. Club members must be alert to the signs of bullying and refer cases promptly. Failure to respond to incidents may be interpreted as condoning the behaviour – the Club wishes to avoid giving this impression to bullies and victims alike.**

**In the event of an incident of bullying being reported to the Club, the Club will**

- Investigate the incident
- Talk separately to the those accused of bullying and their alleged victims

**On completion of the investigation the Club will decide on appropriate action, such as (but not limited to):**

- Obtaining an apology from the bully(ies) to the victim(s)
- Informing the parents of the bully(ies)
- Insisting on the return of items “borrowed” or stolen
- Holding Club or age group discussions about bullying
- Provide support for the lead coach of the victim(s)



## Mini/Youth Fixtures 2010 – 2011

DATE		U7 - U12		U13		U14		U15		U16	
Sep-10	5th	TRAINING		TRAINING		TRAINING		TRAINING		TRAINING	
	12th	TRAINING		TRAINING		TRAINING		TRAINING		LONG BUCKBY	H
	19th	REGISTRATION		TRAINING		TRAINING		TRAINING		TRAINING	
	26th	TRAINING		TRAINING		TRAINING		FINCHLEY A - TBC	H	TOWCESTER	A
Oct-10	3rd	TRAINING		STAINES hml	A	TRING hml	A	BUGBROOK	A	L/BUZZARD B/C	A
	10th	KETTERING	F	L/BUZZARD B/C	H	L/BUZZARD B/C	H	L/BUZZARD B/C	A	WASPS hml	H
	17th	BIGGLESWADE	A	TABARD hml	H	WASPS hml	H	GRASSHOPPERS hml	A	LUTON	A
	24th	TRAINING		TRAINING		FINCHLEY (TBC)	H	FINCHLEY B - TBC	A	TRAINING	
	31st	ST NEOTS	A	MENS OWN	H	TRAINING		MENS OWN	H		
Nov-10	7th	TRAINING				VERULAMIUM B/C	A			B/STORTFORD hml	H
	14th	BUGBROOKE	H			TRAINING		LONDON WELSH hml	H	TRAINING	
	21st	MOBBS	F			BUGBROOK	H	TRAINING		TRING hml	A
	28th	LETCHWORTH	H	H/HEMPSTEAD hml	A	HITCHIN hml	A	BARNET hml	A		
Dec-10	5th	TRAINING		TRAINING		TRAINING		TRAINING		BUGBROOKE	H
	12th	MILTON KEYNES	A	CHESS VALLEY hml	H	LETCHWORTH hml	H	STAINES hml	H		
	19th	LUTON / STOCKWOOD	LU					LUTON	H		
	26th	XMAS		XMAS		XMAS		XMAS		XMAS	
Jan-11	2nd	NEW YEAR		NEW YEAR		NEW YEAR		NEW YEAR		NEW YEAR	
	9th	OLNEY (TBC)	A	ST NEOTS	A	ST NEOTS	A			OLD ALBANIANS hml	H
	16th			WELWYN hml	H	HERTFORD hml	A			TRAINING	
	23rd			BEDS BLUES	H					HARROW hml	H
	30th	TRAINING?						WELWYN hml	H	TRAINING	
Feb-11	6th	BARNET	H					FULLARIANS B - dev	H	HARPENDEN hml	A
	13th	BIGGLESWADE	H	BIGGLESWADE hml	A	SARACENS hml	H			WELWYN	A
		U11 KEMPSTON	T								
	20th	MENS OWN	A			LUTON	H			BIGGLESWADE	H
	27th	TRAINING				TRAINING ??		L/BUZZARD	H	TRAINING	
Mar-11	6th	LETCHWORTH	A	L/BUZZARD	A	KEMPSTON	H	TOWCESTER	H		
U10/11/12	13th	BEDS FESTIVAL	H	NO TRAINING		BEDS BLUES	A	BEDS BLUES	A	BEDS BLUES	A
U7/8/9		AMPTHILL	F	OR AWAY							
	20th	TRAINING				L/BUZZARD	A			AMPTHILL hml	H
	27th	AMPTHILL	H	GRASSHOPPERS hml	H	LONDON WELSH hml	A	HERTFORD hml	A		
Apr-11	3rd	L/BUZZARD	A							L/BUZZARD	H
	10th	TRAINING		BARNET	A	BARNET	A	BARNET	H	BARNET	H
	17th	ST NEOTS (TBC)	F			ST IVES	H				
	24th	EASTER		EASTER		EASTER		EASTER		EASTER	

The fixtures listed above are valid as at 15<sup>th</sup> September 2010 – Check the Club website for latest details



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# DUNSTABLIANS RUGBY UNION FOOTBALL CLUB

## RULES

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Dunstablians Rugby Union Football Club is a voluntarily-managed, non-profit making, community sports Society registered under the Industrial and Provident Societies Act 1965 – Register No: IP29447R.

The affairs of the Club are administered by the General Management Committee, who meet once a month to discuss and agree policy, monitor the club’s financial position and take decisions on behalf of the club membership.

The General Management Committee and all members are governed by the “Rules of the Club”, which is an official document specifying, the objects and power of the club, how it is managed and its membership.

A copy of the Rules may be viewed at the Clubhouse or may be requested from the Secretary, Paul Freeman.

The objects of Dunstablians DRUFC as stated in the rules are:

- To promote, encourage and foster the game of Rugby Football Union (the Game) for the benefit of the Members including (but not limited to) the coaching thereof at all levels.
- To promote, encourage and foster the Game at all levels in the area of the Ground and the surrounding areas
- To ensure that the Game is played in accordance with the Laws of the Game and is administered in accordance with the IRFP Regulations and the Rules of the Union
- To undertake such matches and fixtures and other activities as the Committee may decide
- To maintain and develop the Ground at Bidwell Park, Bedford Road, Houghton Regis, Dunstable, Bedfordshire, LU5 6JW or other such location as the Committee may from time to time determine as the headquarters of the Club and as a venue for playing the Game and conducting the other activities of the Club so as to provide the best possible facilities for Members and those visiting the Ground
- To strengthen the bonds between the Club and the local community in the areas surrounding the Club



[www.drufc.com](http://www.drufc.com)

**We wish you all a successful and enjoyable season**



Main club sponsor  
[www.k2go.com](http://www.k2go.com)